

Westbrook



Events

www.eventsmagazines.com

Volume 14 • Quarter 2 • 2014




SMARTER CARE NOW HAS A NEW ADDRESS

Shoreline Medical Center Is Now Open in Westbrook

At twice the size of our previous facility in Essex, our new Shoreline Medical Center in Westbrook offers expanded 24/7 emergency care and outpatient diagnostic services, including a new women's imaging center, a brand new MRI suite, CT, X-Ray, a full service lab and more. Best of all, it's conveniently located right off Exit 65 on I-95. Delivering state-of-the-art care to more of the state—that's *The Smarter Choice for Care*.

***Learn more at middlesexhospital.org/shoreline
or call (860) 358-3700***

 250 Flat Rock Place
Westbrook

The Smarter Choice for Care
 MIDDLESEX HOSPITAL

First Selectman's Corner

PUBLIC PROPERTY/PRIVATE RESPONSIBILITY. Westbrook's natural resources, as a Shoreline community are one of our most valued assets. We all have access and enjoy our public areas that include municipal and educational buildings with adjoining open spaces; athletic fields and outstanding public and private beaches.

DOGS. Section 2-10 Use of Town Properties (c) – "Dogs shall be permitted on any beach between October 1 and April 30, provided they shall be properly leashed or on proper restraint. The owner of any dog who leaves waste on any park, athletic field, playground or beach at anytime shall clean up after said dog, and failure to do so shall be punishable by a fine of twenty-five dollars for the first offence, fifty dollars for the second offense and seventy five dollars for the third and each subsequent offense". This ordinance will be enforced and I encourage you to be in compliance so that we can keep our beaches safe and healthy.

SMOKING. During the Summer months, our very active Park & Rec Department conducts programs on our beaches and other public property for our youth. Each morning, their staff, at taxpayer's expense, pick up cigarette butts in order to maintain an attractive environment for their activities. We have placed, in strategic locations, i.e. parking lots, receptacles for smokers to properly dispose of cigarette and cigar butts. We encourage you to utilize these receptacles.

ALCOHOL. Alcohol is permitted on public property only if you have a permit, which can be obtained in the Selectman's Office. Section 13-1(b) of the Code of Ordinance "prohibits anyone from

drinking any alcoholic liquor or beer whether alone and/or in consort with others on public property".

TRAFFIC. We have a limited number of officials, i.e. Constables, Troopers and other staff, and they rely on all of us to observe speeding and traffic regulations.

MAJOR NEW FACILITIES. On March 25th, a Ribbon Cutting Ceremony at the Westbrook Train Station took place. Representatives from the DOT, legislators and other distinguished guests were present to dedicate this \$14.5 million state funded project. Westbrook's new Department of Public Works facility was officially opened on April 11th. The state funded \$1.5 million for Westbrook's new Town Garage. Obviously, without this generous financial support from the State, we would not be able to fund major investments of this nature.

The Middlesex Hospital Shoreline Medical Center held a Ribbon Cutting Ceremony on April 16th. This \$26 million dollar state of the art facility is now open in Westbrook.

Clearly, these are all major developments in Westbrook and we are extremely fortunate that these facilities will enhance the many resources for present and future needs of not only Westbrook, but the entire Shoreline community.



First Selectman Noel Bishop

First Selectman Noel Bishop



Middlesex Eye Physicians
The Eye M.D.s

Complete Eye Care

Board Certified Surgeons and Physicians with over 45 years of expertise in:

- * Complete Eye Examinations for the entire family
- * Diabetic Eye Care
- * Glaucoma Evaluations and Treatment
- * LASIK * Retina Exams
- * Botox, Juvederm, Belotero
- * Full service optical department for eye glasses and contact lenses
- * Evening and Weekend hours

400 Saybrook Road, Ste 100
Middletown
860-347-7466

240 Middletown Ave
East Hampton
860-295-6440

4 Grove Beach Road, North
Westbrook
860-669-5305



www.middlesexeye.com

POLITO & QUINN

TRIAL LAWYERS

Serving Connecticut and Rhode Island

Connecticut "Super Lawyers"™ for 8 consecutive years

We are proud of what our clients say about us:

My experience with Polito & Quinn was very positive – especially under some difficult circumstances regarding our son's personal injury case. I would not hesitate to recommend their services to friends and family.
– Paige D. –

I want to thank Polito & Quinn and staff for the amazing work. Thank you for being so understanding and caring. I am very happy with your service.
– Erika S. –

If you need a personal injury lawyer they are the ones to call. If I had a question about anything they would give me the truth and if they didn't have the answer they would get it within days. Everyone in this office cares about the injured as well as family. They were very knowledgeable about all aspects of the wellbeing of my family and they actually made my family feel like a part of theirs.
– Graham H. –

Tel: (860) 447-3300 | www.politoandquinn.com

Wrongful Death • Medical Malpractice • Automobile Accidents
Practicing In... Mohegan Tribal Courts • Mashantucket Tribal Courts

GET MONEY FOR YOUR GOLD

The Original



GUILFORD COIN EXCHANGE

Experts in collectible coins

and top dollar paid for your unwanted jewelry.

Ask for Steve.



Local business since 1970

69 Whitfield St., Guilford

(On The Guilford Green)

Exit 58 off I-95 **203-453-9363**

Help Westbrook's Bridges Bloom this Summer

Help Westbrook Adopt A Spot! Make our bridges bloom this summer by adopting a planter on the bridges on Old Clinton Road or Wesley Avenue that span the Patchogue River.

Last summer the planters atop the west side of the Old Clinton Road Bridge cheered all those that passed by in vehicles, on foot, or via the river.

All you need to supply is the planting materials and your care and watering. Adopt A Spot will supply the planters and a recognition sign.

Call Deb at 860-399-0664 or email deborahrie@sbcglobal.net to volunteer to make our bridges bloom.



Old Clinton Road Bridge Blooms.

For town updates & information
www.westbrookct.us



Robinson Wright & Weymer

Funeral Home Inc.

Serving All Faiths in the Community Since 1894

Family Owned and Operated

860-767-8000

Director/Owner P. Samuel Fulginiti

34 Main Street, Centerbrook, CT 06409



Making Real Estate Simple

860.463.0900 • cakeithan@aol.com • Cheryl-Keithan.com



Todd Bakoleadis
860.575.8423
TBakoleadis@live.com



Maura Almy
860.575.8914
Maura.Almy@Raveis.com



Ken Honer
860.227.6352
Ken.Honer@Raveis.com



Bill Simler
860.857-5395
Bill.Simler@Raveis.com

Knowing the Client's needs and giving them knowledgeable guidance, the utmost in Personal Attention, Quality Service and Hard Work is our core philosophy.

Specializing in the Shoreline & River Valley Communities

Whether you are Buying or Selling a Home...

We will be there every step of the way.

Making Real Estate Simple for you!

WILLIAM RAVEIS

REAL ESTATE • MORTGAGE • INSURANCE

The Largest Family-Owned Real Estate Company in the Northeast



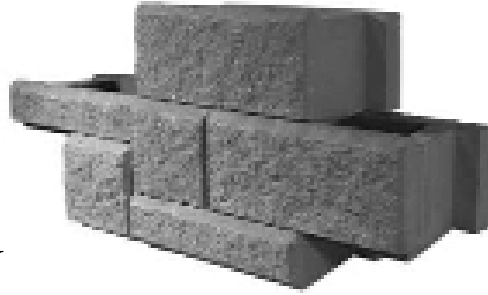
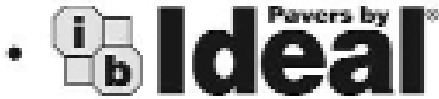
Westbrook Concrete Block Co., Inc.

Family Owned Since 1940

Buy Direct from Manufacturer and \$ave!

Free Onsite Consultations

- Retaining Wall Units



- All colors and styles on display



860.399.6201

westbrookblock.com

439 Spencer Plains Rd. Westbrook, CT

Open Weekdays 7 am - 4:30 pm

Open Saturday 7 am - 12:30 pm

CENTRAL AIR CONDITIONING

HOUSE SIZE Square Footage	TONNAGE	FOR AS LOW AS
850 -1000 SF	2	\$5,600.00
1,000 -1,250 SF	2.5	5,850.00
1,250 -1,500 SF	3	6,100.00
1,500 -1,750 SF	3.5	6,700.00
1,750 -2,000 SF	4	6,900.00
2,100 -2,500 SF	5	7,600.00



Price Guide for basic complete installation. Two-day installation in most cases.

MORONI & SON

860-388-2298

Three Generations, over 60 Years of Continuous Service!

Your Local Ruud Dealer - FREE Estimates

447 Spencer Plains Road
Westbrook, CT 06498

www.moronioil.com



HOD# 0000591

Events

MAGAZINES



Westbrook Events

TM Ventures, LLC
dba **Essex Printing & Events Magazines**

18 Industrial Park Road, P.O.Box 205
Centerbrook, CT 06409
860-767-9087 Fax 860-767-0259
email: print@essexprinting.com
www.essexprinting.com

Publisher

William E. McMinn

VP Marketing & Business Development

Fred Holloran

Director of Advertising/Operations

Suzanne Spires

suzanne@essexprinting.com 860-391-5534

Coordinator/Art Director

Kathy Alsop

kathy@eventsmagazines.com 860-391-4372

Finance Manager

Donna Everts

Cover Editor

AC Proctor 860-767-9087

Sales Representatives

Ward Feirer

wfeirer@gmail.com 914-806-5500

Betty Martelle

betty@eventsmagazines.com 860-333-7117

Erin Colwell

erin@eventsmagazines.com 860-581-0577

Magazine Layout

Amy Bransfield & Patricia Stenbeck

Cover photo by AC Proctor.

www.eventsmagazines.com

217,000 READERS
14 TOWNS EVERY QUARTER

Copyright © 2013 Events Magazines. All rights reserved. No part of this publication may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopy, recording, or any information storage and retrieval system without written permission. Not responsible for omissions or typographical errors. All advertising material created by Essex Printing and Events Magazines is to be considered proprietary. Essex Printing and Events Magazines reserves the rights and license to all ad designs and photographic images produced by Essex Printing and Events Magazines. Reproduction rights for individual use in other publications is offered and available by purchase directly through Essex Printing and Events Magazines. Editorial appearing in this magazine is submitted by municipal agencies and other approved sources.

Registrars of Voters

The Registrars conducted the yearly Canvass during the months of January through May. Not all registered voters received a "Confirmation of Voting Residence" letter. If you received a "Confirmation of Voting Residence" form to fill out and did not respond by the date indicated on the form or if your letter was returned by the Post Office as undeliverable, **your name will be put on the "Inactive List."** If you have made a recent change in your resident address, mailing address or name, and you are not sure if the Registrars are aware of this change, please call our office (860-399-3042), send a note, or stop by the Office on Tuesdays from 11:00 am -1:00 pm or Thursdays from 5:00 pm – 7:00 pm.

The Budget Referendum was held on Wednesday, May 21.

Registered voters and Property owners who are 18 years of age or older who are liable to the Town of Westbrook for taxes assessed against him/her of not less than \$1,000 on the last completed grand list of the town are eligible to vote. No trusts, no corporations, no LLC's, no partnerships and no trustees are eligible to vote.

DEMOCRATIC AND REPUBLICAN PARTY PRIMARIES ARE SCHEDULED FOR AUGUST 12. The last day that an enrolled elector can transfer from one party to another and be eligible to vote in state, district, and municipal primary of the new party was May 12.

Westbrook Senior Travel

June 12 –Thursday. Country Music Jamboree. Teko Country Club, Westfield MA – family style lunch-dancing \$72.

July 8 – Tuesday. Twin lobsters or prime rib. The Edward Twins-Hukelau-Chicopee, MA. They impersonate over 100 entertainers. \$83.

Looking ahead! **September 16-17-18** (Tuesday-Saturday) Lancaster, PA to see "Moses" - Dutch Apple Theatre (Hairspray) Amish Country Tour, Kitchen Kettle Village, \$389 (deposit of \$75 at sign up-balance due August 19th). Insurance \$30 available at sign up.

For further information contact Lucile Spanilo at (860) 399-6065.

Town Hall Hours:

Mon - Wed: 9:00 am - 4:00 pm

Thursday: 9:00 am - 7:00 pm

Friday: 9:00 am - Noon

Educating Children about Invasive Crabs in Long Island Sound

The Asian shore crab (*Hemigrapsus sanguineus*) has become a commonly known invasive species along the coast of Connecticut. An "invasive species" is any organism that colonizes an area that is not in its native range.

It is speculated that the Asian shore crab first came to the U.S. in the ballast water of cargo ships docking in New Jersey in 1988. In just over 25 years, the distribution now ranges from Maine to North Carolina. The shore crab has no natural predators, which allows for the population to grow and spread exponentially. This growth causes it to compete with other important species to us, such as: the blue crab, green crab, and lobster. While these other crustaceans have natural predators, the Asian shore crab does not. Thus, it has the potential to overwhelm and decrease the other crustacean populations, which we rely heavily upon. It is incredibly important to understand the negative impacts of invasive



species such as the Asian shore crab and even more important to teach our youth.

Cedar Island Marina has instituted a summer camp for children between the ages of 9 – 15. These children will have the opportunity to work side-by-side with real marine biologists doing fieldwork. One major focus of this camp will be to educate children about the fragility of our local marine environment and to show them how invasive species can be so damaging.

They will quickly realize that other crab species that were once common, such as: the green crab, Atlantic marsh fiddler crab, and purple marsh crab, have decreased in abundance. It is incredibly important to educate younger generations on invasive species and their effect on various habitats because they will soon be the "stewards" of our local environment.

*Beth Patrizzi and Kris Shapiro,
Cedar Island Marina Research Laboratory*

LAWN CARE SERVICES

FERTILIZING • CRAB GRASS CONTROL • WEED PREVENTION
INSECT & GRUB TREATMENTS • LIMING & SOIL TESTING • AERATION

GREENSCAPE OF CLINTON LLC,

*offers a quality service tailored to meet your specific needs.
We use environmentally responsible methods and products.*
PROGRAMS AVAILABLE FOR ANY LAWN AND EVERY BUDGET.

GREENSCAPE
of Clinton, LLC
LAWNS CARED FOR
SINCE 1987

(860)669-1880

For Your Free Estimate Call Frank Byrne

www.greenscapeofclinton.com



**We Care
About Your Lawn.**

B# 1997 Commercial and Residential

Probate Court Update

The last 36 months have been very busy for the Probate Court. As most of you know, in 2011, the individual town courts were merged into a regional court, serving nine towns. This merger was part of a statewide effort that reduced the number of Probate Courts from 117 to 54. The Saybrook District Court serves the towns of Chester, Clinton, Deep River, Essex, Haddam, Killingworth, Lyme, Old Saybrook, and Westbrook. The total population of these towns is over 62,000 citizens. As you can imagine, merging nine courts into one was not a simple matter, but with the help and cooperation of the former Judges and the significant effort of the clerks, we were successful in completing the task. The Court is now a full time court and is open week days from 8:30 am to 4:30 pm. It is located on the second floor of the Old Saybrook Town Hall, at 302 Main Street.

The statewide consolidations have been a financial success in that it has saved the taxpayers \$8.5 million dollars, over the past two fiscal years and those savings will continue. Despite the increase in files, the Saybrook Court has been able to keep its budget the same over the last three and a half years.

Most people understand that we handle all aspects of decedent's estates, however the Court also handles a variety of other matters including determining the necessity to appoint conservators, reviewing the conservator's accountings and restoring conserved persons. We also appoint guardians both

for minors, if they are going to inherit, and for adults with intellectual disabilities. We oversee testamentary trusts and trust accountings, we determine custody matters including termination of parental rights and visitation. We also handle name changes and adoptions. We do not process passports, as they are handled at the Old Saybrook Post Office which is just up the street from the Court.

We open and process approximately one thousand new matters, of all types, per year. Some of these matters require hearings and some do not. As a result I hold, on average, 15 to 20 hearings per week.

Last year the legislature adopted extensive new rules for probate court proceedings which went into effect on July 1, 2013. The purpose of these new rules is to simplify the probate process and to make it more consistent with other court procedures. Additionally, new forms, consistent with these rules, are available online at www.ctprobate.gov. Most of these new forms are fillable for the convenience of the public. The Court has been busy learning and implementing these new rules and forms. I will write an article about these changes shortly.

In addition to the normal duties of a Probate Judge, I was fortunate to be the only new judge elected to the Executive Committee of the Probate Court Assembly. The Executive Committee meets monthly to discuss the rules and policies of the Connecticut Probate Courts. I also joined the National College of Probate Judges, so that I can stay current with the national probate trends and procedures. In addition to attending state seminars regularly, I also attend national seminars annually.

Thanks to the efforts of the chief clerk Valerie Shickel, and the other clerks and assistant clerks, Sharon Tiezzi, Marjorie Calltharp, Stella Beaudoin, Helene Yates, Peggy Schroeder, Jackie Craco and Heather Graves, I am pleased to say the Court continues to operate smoothly and efficiently.

Terrance D. Lomme, Judge, Saybrook Probate Court

MARK REEVES, BUILDER
860-388-3825

Lets get those spring projects underway

NEW HOMES

WHOLE HOUSE REMODELS

ADDITIONS

KITCHENS

BATHROOMS





BASEMENT CONVERSIONS

SIDING & WINDOWS

ENTERTAINMENT CENTERS

FLOORING

GENERAL REMODELING

MARKJREEVESBUILDER@COMCAST.NET
WWW.MARKREEVESBUILDER.COM

CT LICENSE # 538583 & 10263 FULLY INSURED

Help Wanted

If you have extra time, you can earn extra money! Part-time Sales Representatives needed due to our recent growth. Set your own work schedule. Sales experience helpful but not necessary. Ideal for persons interested in supplementing their current income. Grow with us! Send resume and cover letter to print@essexprinting.com. No phone calls please.

TRUST YOUR CAR TO THE REPAIR SHOP MORE PEOPLE TRUST...

We are a full service garage dedicated to quality work and service.

“The Only Call You Need For Quality Service & Repairs”

AUTO SERVICE of Old Saybrook, Inc.

*Servicing Domestic & All European Cars Including
Mercedes, BMW, Jaguar, Audi, Saab, Volvo & VW*



We employ ASE
Certified Technicians

860-388-6838



From oil changes & scheduled maintenance to engine repair or replacement, we can provide complete mechanical & electrical service to your vehicle.



4 JADE COURT • OLD SAYBROOK
HOURS: MON. - FRI. 8 a.m. - 5 p.m.



www.TeamJermainne.com



Personal Professional Experienced

Call, Text or Email Us ~ We're Here to Help.

Brian Jermainne, ABR, ASR, CRS, ePRO, GRI, SRES, SRS
Broker/Owner
Brian@TeamJermainne.com

Leslie Jermainne, ePRO
Realtor
Leslie@TeamJermainne.com

860-662-0230

Call or Text



Follow us on Facebook at: www.facebook.com/TeamJermainneRealEstate



Vista Receives Historic Designation

Vista Vocational & Life Skills Center's Westbrook Campus, located at 1356 Old Clinton Road, serves as the organization's Dormitory and Residence Hall as well as the Education and Training Center. The original house that makes up the Dormitory and Residence Hall is known as the Captain Joseph W. Spencer House. The house was built in 1850 as a country home by a noted sea captain and figure in American maritime history, who was born and raised in Westbrook (1812-1900). This village landmark, executed with a high level of craftsmanship, is a fine representation of a Connecticut sea captain's house in a coastal town known for its maritime character. The structure was enlarged for institutional use in 1987 and has been used as a residential and educational center by Vista since 1989. As a result of Vista's efforts, the Captain Joseph W. Spencer House was recently listed on the State Register of Historic Places by the Connecticut Historic Preservation Council, which encourages the protection and preservation of important historic properties.

The opportunity for further renovations to the historic house came unexpectedly in January of 2014. Due to freezing temperatures, a sprinkler pipe burst in the attic of the house, causing significant water damage to the main living and dining areas, the kitchen, and a number of bedrooms and bathrooms. As a result, all Vista students residing in the house had to be relocated. 3 months later, Vista students returned to the Residence to find their bedrooms and bathrooms, along



with the common area and laundry room, were renovated and more energy efficient. With a vested interest in the town of Westbrook, Vista aims at protecting and preserving this historic property for years to come. Further renovation is in progress and plans to update the entire facility are expected to go through 2015.

Based in Madison and Westbrook, CT, Vista Vocational & Life Skills Center is a 501©3 nonprofit organization. Vista's mission is "Providing services and resources to assist individuals with disabilities achieve personal success."

For more information regarding Vista, please visit www.vistavocational.org.

Shoreline PC



"No Excuses, Only Solutions"

We Handle Everything Computer and Technology Related

Full Service - Business and Residential
Free Consultation - Open 7 Days a week

860-577-8330

www.shorelinepc.net

Contact@shorelinepc.net

1654 Boston Post Road, Old Saybrook CT 06475

Discover the Love of Learning.
Now Enrolling for Fall 2014.



Inspiring curiosity. Nurturing peace. Growing greatness.

Join us for
Summer Camp

Lego Architects
Cooking Around the World
Exploring Impressionist Art

**Montessori Education for PreK to Grade 6.
Come and Take a Tour**

860.388.3536
childrenstree.org
96 Essex Rd, Old Saybrook, CT

45th Annual Municipal Clerk's Week

City and Town Clerks all around the United States and Canada celebrated the week of May 4 – 10th, designated as "Municipal Clerk's Week." The International Institute of Municipal Clerks (IIMC) uses this time to remind our community of all the vital services that Municipal and Deputy Clerks provide to our towns and cities.

Municipal Clerks Week was initiated in 1969 by IIMC and is endorsed by all of its members throughout the United States, Canada and 15 other countries. In 1984 and in 1994, Presidents Ronald Reagan and Bill Clinton, respectively, signed a Proclamation officially declaring Municipal Clerks Week the first full week of May and recognizing the essential role Municipal Clerks play in local government.

The functions of today's Clerk require a thorough knowledge of law procedure, administration and interpersonal relations. Clerks must continually seek education to keep up with the constant changes in local Government.

The IIMC provides many opportunities for clerks to continually strive to improve the administration of their duties through participation in education programs, seminars, workshops, academies and institutes.

Our office is open Monday through Wednesday from 9:00 am to 4:00 pm. Thursdays from 9:00 am to 7:00 pm and Fridays from 9:00 am to 12 pm.

Joan Angelini, Westbrook Town Clerk

2014 Parking Beach Pass Policy

Residents – free. No parking pass needed. At the gate you must show a valid driver's license or mail or tax bill.

You must come to the town hall to purchase passes for the following: **Non-resident-\$20**, per vehicle/daily pass only. **Temporary resident-\$10** visitors of Westbrook residents. **Motels-\$20** owner must purchase/limited to number of rooms. **Cottage rentals -\$20** rental agreement required vehicle registered to renter only. **Boaters-\$30** seasonal slip agree required/vehicle registration to slip renters only. **Business-\$10** owner must purchase/town reserves the right to limit the number of passes. **Timeshare owners-\$10** temp pass for the week show proof of ownership.

Beach gate attendant will start on Saturday, June 7th



Linda Nolf

Make the Right Move

Buying and selling real estate in today's highly competitive market, it's important to have confidence in your Real Estate Professional.

My commitment to you as your Local Realtor, is to provide you with the specialized services you deserve.

Call Me Today

for your free property evaluation and personal marketing plan.

860-227-8028 LindaNolf.com

WILLIAM RAVEIS
EXCEPTIONAL PROPERTIES



- Premium Pine Bark Mulch
- 100% Pure Cedar Mulch
- Screened Organic Top Soil & Compost
- Seasoned Firewood

ORGANIC LANDSCAPE MULCH

\$23 PER YARD

Delivery Available



860-767-8501

45 Plains Road, Essex, CT
www.bombacimulch.com

Westbrook Youth & Family Services

Thank You Oxford Academy! Oxford Academy hosted "Lights on Westbrook," a photography exhibition and prize drawing, and donated the proceeds to WYFS. We enjoyed a beautiful evening of art, refreshments, prizes, and humor as ticket holders scurried to choose their favorite picture to take home at the end of the night. Thank you Photographers for donating your pictures and Water's Edge Resort & Spa for its sponsorship.

Introducing Transitions: a divorce peer-support group, 1st and 3rd Wednesdays each month. This forum for men and women offers opportunity to share emotional support and focus on the practical day-to-day realities of life after divorce by providing real-world advice on building a new family structure, managing childcare, figuring out finances and other topics of interest to the group.

Over the Summer. Look for us collaborating with our community partners over the summer, including WMS Healthy Youth Awareness Day, the Exchange Club of Old Saybrook/Westbrook, Valley Shore YMCA and Westbrook's Family Day. Sign up for our email newsletter at WYFS.org so you don't miss our fresh new slate of programs in the fall. Lil' Tykes, Transitions and Court-Mandated Parenting Education continue through the summer.

Counseling Services. WYFS provides support and therapy for individuals, families and couples. Our therapists help strengthen family functioning, and support children and



WYFS Director accepting check from Oxford Academy's Head of School Philip Cocchiola.

families working through life's challenges, including emotional and behavioral issues, stress, anxiety, grief, depression, peer issues and life transitions. Services are offered on a sliding-scale fee basis or state insurance is accepted. Please call Macdara MacColl at 860-399-9239 to set up an appointment.

PENNYWISE
Premium Home Heating Oil & Service

**Serving Friends
and Neighbors
Since 1993**

- Full Service 24/7 •
- Burner Installation •
- Tank Removal & Installation •
- Air Conditioning •
- Price Protection Plans •

860-399-8244 • 860-669-8234

CT CONTRACTOR # SM1-4890 HOD - 416

9

TOWN

TRANSIT

New Service in East Haddam!

Public Transportation for all ages serving
Chester, Clinton, Deep River, East Haddam,
Essex, Haddam, Killingworth, Lyme, Old Lyme,
Old Saybrook & Westbrook

Connections to Southeast Area Transit buses in New London,
CT Transit New Haven in Madison, Middletown Transit
and CT Transit Hartford in Middletown

Call 860.510.0429

www.9towntransit.com

9 Town Transit is Operated by the
Estuary Transit District

Estuary Council

ESTUARY COUNCIL OF SENIORS, INC. has been serving seniors in the nine-town Estuary region for 38 years. Call us to receive our *Gazette Newsletter* or go to www.ecsenior.org for our online newsletter, events calendar, menu, and more.

MEALS ON WHEELS – hot meals delivered to your home. Call Peg at 860-388-1611. A \$3 donation request for those aged 60+. Meals are supported by Senior Resources Agency on Aging with Title III funds available under the Older Americans Act.

CAFÉ MEAL SITES - Clinton, Old Lyme, Old Saybrook, Westbrook (Thursdays). Reservations required by calling 860-388-1611 by 11 am, 24 hours in advance.

STAN GREIMANN ESTUARY MEDICAL OUTPATIENT TRANSPORTATION. For medical appointments to any medical location beyond the nine-town estuary region. Suggested donation of \$35 for a roundtrip Doctor appointment up to 5 hours. Suggested donation of \$70 for appointments over 5 hours.

CLASSES AND ACTIVITIES: Board Games, Billiards, Ping Pong, Yoga, Exercise Classes, Mah Jongg, Wii, Cribbage, Writer's Group, Book Club, Quilter's Group, Needlecrafters, Hand and Foot, and more! Check the Gazette for all of our programs.

ESTUARY THRIFT SHOP: Open 10 am - 3:45 pm, Monday - Friday; and from 9 am - 12:45 pm on Saturdays. Clothes (men, women, and children), kitchen items, crafts, and more available. Donations are accepted and volunteers always needed.

THE GYM AT THE ESTUARY: Hours expanding-stop in for more information. There are seven different pieces of weight equipment and four cardio machines, including a NuStep. Member packages include a fitness assessment and three (3) training sessions on all machines (required). **Gym Membership Options:** Three months -\$50, Six months-\$90, Full year-\$150. To schedule an appointment with our Fitness Trainer, Skylar Miers, ATC, call 860-388-1611. The gym is available for use only after payment of membership fees and completion of the required fitness assessment and training sessions. Gym Hours are posted at the Estuary.

THE MARSHVIEW GALLERY AT THE ESTUARY: Open daily 8 am - 4 pm, and from 9 am - 1 pm Saturdays. The art on exhibit changes monthly and highlights the talents of local artists from along the shoreline. The artists donate a portion of their art sales to the Estuary Council of Seniors. An artist's reception is held the second Friday of each month from 5 - 7 pm. Refreshments are served, and a door prize is drawn each month. All ages are welcome. Call 860-388-1611 for information.

DONATE YOUR CAR OR BOAT TO THE ESTUARY COUNCIL - Turn your car or boat into a tax deduction by calling: 1-800-716-5868. Proceeds benefit the vital services we provide for seniors in the nine-town Estuary Region.

VOLUNTEER OPPORTUNITIES: Call Judy at 860-388-1611.

SAVE THE DATE: The M. Monica Eggert Senior Center turns 40 this year. Save the date and join us at The Kate to celebrate on September 20th.

Want to Advertise?

Call Ward Feirer at (914) 806-5500



Celebrating 45 Years
at the same phone number

860-669-6919

**NEW INGROUND POOLS
REPLACEMENT LINERS
RENOVATIONS
CHEMICALS
SUPPLIES
SERVICE**

9 North High Street
Clinton, CT 06413

Bogaert
CONSTRUCTION CO., INC.

60 PLAINS ROAD, ESSEX, CT 06426

860.767.8072



- Custom Homes
- Additions
- Full Remodeling Services
- Custom Millwork
- Window Replacement

Fully Insured
New Home Lic. #170
Remodeling Lic. #523107
www.bogaertconstruction.com

Westbrook Parsonage

With Westbrook's recent trend to demolish its historic houses, it is good to know that some houses have been preserved through re-location. In its very modest but visible location at the head of Salt Island Road, west of Westbrook Ambulance, this current residence once resided on our Town Green.

Years ago, the First Congregational Ecclesiastical Society was given the land and house on property we call the "Green." The house became the church parsonage. In 1904, the Ecclesiastical Society and the Library Society developed a plan for their mutual benefit. The Library Society wanted to build a new library on the centrally located Town Green. But, the Ecclesiastical Society needed to maintain a parsonage. To this end, the Library Society acquired the Horace T. Wilcox Homestead diagonally across the street for use as a parsonage. The property exchange was implemented. The parsonage on the Green was moved to a new location at 1306 Boston Post Road. The Library was built on the Green.

The irony is that the old parsonage was preserved and restored; the new parsonage met a worse fate being demolished in 1964.

Come visit us at the Westbrook Historical Society, formerly the Library that rested over the site of the former Congregational Church Parsonage, complete with the original well below intact.

Cathie Neidlinger Doane, Westbrook Historical Society



Former Congregational Parsonage - 1306 Boston Post Road
2007 Photo



Congregational Parsonage - Westbrook Green - 1874
J.B. Beers Map

Attention 2 Detail



Landscaping &
Property Maintenance

Contact us today and enjoy the
benefits of our commitment to
customer satisfaction.

Services:

- Lawn Care
- Lawn Mowing
- Weed Control
- Fertilizing
- Plant Care
- Pool Care
- Landscaping
- Gardens
- Fence
- Drainage
- Irrigation

2detail.net

2detailpm@gmail.com

(860)391-0297

(203)903-2442



No job 2 big
or 2 small

DEEP License B2994
CT License 0673953

Town Events

25th Annual Arts & Crafts Fair WDTC
June 1st • 10:00 am • Town Green

Park & Recreation Family Day
June 7th, Rain date June 8th • Noon - 2:00 pm
FREE • Town Green

Westbrook Fire Department Carnival
July 9th – July 12th • Ted Lane Field

Day on the Green –Westbrook Historical Society
July 19th • 10:00 am

First Congregational Church Fair
August 23rd • Town Green

55th Annual Fife & Drum Muster Parade
August 23rd

Calling All Charities A Penny of Hope in Every Gallon

Do you have a local charity that you are passionate about? Wilcox Energy, located in Westbrook, CT is seeking nominations for their "Penny of Hope in Every Gallon" campaign. They are looking for a local charity to support this year. They first introduced this campaign in March of 2012 when they announced that we would be donating a penny for every gallon of propane they sell. For the first two years, Wilcox Energy committed this campaign to Team Avery & CDKL5. They lettered up their trucks, added Avery's picture, and increased awareness for the rare disease while counting their pennies.

Wilcox Energy started selling propane in 2010. When they were looking for another way to give back to their local community, they immediately thought of Team Avery. "In keeping with the nature of our local company, we wanted to find a local charity to support." Team Avery was created in support of Avery Leopoldino, a 5 year old girl who lives in Old Saybrook with her parents and older sister, and her father, Mark Leopoldino is the manager at Bill's Seafood. Avery was diagnosed with this very rare condition, known only as CDKL5, when she was just a baby after suffering from numerous seizures. She is one of less than 200 children worldwide who suffer from the devastating disease. 100% of the funds donated to Team Avery go towards research to finding a cure.

Wilcox Energy is seeking the following:

- An established, local charity. While this charity can have a more national or worldly presence as well, it must have a strong tie to the communities they service. (Wilcox Energy provides propane along the shoreline from Guilford to East Lyme, and North to the Haddams).
- Must be a 501(c) charity

For your charity to be considered you must submit as essay of no more than 500 words. Your essay should include:

- The name and address of the organization you wish to nominate
- How this charity has a positive impact on our local communities.
- Why this charity is important to you.

Submissions can be emailed to Julie Valvo: jvalvo@wilcox-energy.com or emailed to Wilcox Energy, PO Box 687, Westbrook, CT 06498. Attention Pennies of Hope. Contact Julie via email or at 860-399-6218 if you have any questions.

To date, Wilcox Energy has raised \$3,681.47 through their Pennies of Hope Campaign. As their propane business continues to grow, their contributions will grow as well. Learn more about Wilcox Energy's propane service at www.wilcox-energy.com.

Town Garage:

185 Horse Hill Road, Exit 64
860-552-4496

ProfExt Professional Exterminating

Richard Cusano • Proprietor
Locally Owned & Operated

**Residential & Commercial
Customized Programs
to Fit Your Needs**

- Termites • Carpenter Ants
- Carpenter Bees • Squirrels
- Rodent Control • Wasps

ALL WORK CONFIDENTIAL - UNMARKED
VEHICLES - V.A. & F.H.A. CERTIFICATION
FOR TERMITE INSPECTION - PRICES
QUOTED OVER PHONE



Lic. #B-0557



860-388-4483

www.profect.com



WESTBROOK: Enjoy Coastal Living at its Best! Beautiful Nantucket Colonial. Open Porches allow for marina/river/sound views. Home boasts of many energy and custom features. Asking \$647,800 (MLS9146044)

Betty Martelle

860-339-5251

cell: 860-333-7117

website: bettymartelle.com

33 Main Street
Old Saybrook, CT



WILLIAM RAVEIS

— REAL ESTATE • MORTGAGE • INSURANCE —
The Largest Family-Owned Real Estate Company in the Northeast



B&B
PEST CONTROL LLC
860•510•9159

- General Pests
 - Termites
 - Rodents
- Inspections
- Free Estimates



Bob Ventres
Owner/Operator
East Haddam, CT

Licensed &
Insured
CT Lic #B-2878

Westbrook Garden Club—Grow with Us!

Many thanks to the hardworking garden club members who made the May Garden Market a success, and to all who attended! The sale helps to support the club's public education programs, Spot Minders, and the Westbrook Garden Club scholarship.

This year we are pleased to offer a \$1,000 scholarship to a Westbrook resident who either is a high school senior attending college in the fall, or already studying in a two or four year post-secondary institution. Applicants' fields of study must be environmental science, horticulture, botany, landscape design, or forestry. Applications were due April 30; this year's winner will be announced in the next issue of Westbrook Events.

Garden club Spot Minders will soon plant our 45 "spots" – the barrels, window boxes, and planters that surround the Town Green and the Mulvey Center, welcome visitors to the library, and decorate prominent intersections. The club selects a color palette, and each Spot Minder chooses plants best-suited to their location. Garden club teams also tend plantings at the Visitors' Center on I-95 and the newly-created garden surrounding the gazebo on the green.

Everyone is welcome at our upcoming program, "Birds of Westbrook," presented by Michael Brooks of the Connecticut Audubon Society, May 27 at 7:00 pm in the community room of the Westbrook Public Library. We also hope to see you at Family Day on the Green, June 7 from noon until 2:00 pm when the garden club will offer a planting and pot-decorating station for children.

Westbrook Fire Department

The Town of Westbrook is in the process of replacing the aging fire apparatus. The Department's new Seagrave Aerialscope will be the first piece of apparatus to arrive in late December. The Department is in the process of developing specifications for new engines. We appreciate the support of the Town leaders and the residents who helped accomplish the important goal of purchasing new apparatus.

This year will be our 43rd Carnival. The Carnival starts Wednesday, July 9th and runs to Saturday, July 12th. Wristbands will be available all four nights. Rides open at 6 pm.

Watch for our coupon. We look forward to seeing you at the food booth or on the Carnival grounds. Thanks in advance for your support.

As the warm weather approaches, remember to stay safe in all your activities at the beach, on Long Island Sound, shopping at the mall or traveling on the roads. If you have an emergency, we will be there for you.

Westbrook Fire Department is all-volunteer and responds to all emergency incidents in Westbrook and mutual aid requests to surrounding towns. The 10 Junior Firefighters, 25 Retired members and 24 Auxiliary members, support the 62 volunteers that make up the Department. The Department is looking for volunteers. If you are interested, please give us a call or stop by. The Department's non emergency number is (860) 399-9492.



Century 21
Heritage Company

*Go With Our
Winning Gold
Team!*

Full Buyers / Seller Services:
Leasing, Commercial,
Land and Residential
Sales in the Lower
Connecticut River Valley.

16 Main Street
Chester
860.526.1200
www.C21Heritage.com

Town Hall Closed
Monday, May 26th Memorial Day
Thursday, July 3rd Town Hall closed at 4:00 pm
Friday, July 4th Independence Day

All Aboard!

The 2014 session of the Connecticut General Assembly has concluded, and I thank Westbrook residents and business owners for contacting me with their ideas, comments and concerns. I have found that being an effective legislator depends on listening closely to the taxpayers I work for. We all share the same goal in wanting to improve the quality of life in Westbrook and across the state.

My focus continues to be on issues that pertain to the legislative panels on which I serve: the Education, Commerce, and Children's Committees. This spring, I held a forum on education issues at the Westbrook High School Library. I heard from several teachers, parents, and school administrators who have raised questions about the implementation of the Common Core education curriculum and new teacher evaluation process.

I was also proud to participate in an event to formally open the new Westbrook train station. The station provides Shore Line East riders the convenience and amenities that they deserve. Former Sen. Eileen Daily and former Rep. Jim Crawford deserve credit for their hard work in moving the project forward.

Senator Art Linares



Senator Art Linares (at podium) speaks during a March 25 ceremony to formally open the new Westbrook train station. Representative Tom Vicino (center) and Department of Transportation Commissioner James Redeker (right) joined with Senator Linares, Westbrook First Selectman Noel Bishop and other officials for the event. The station is located at 101 Norris Avenue, adjacent to the existing station.

A Word from the Land Use Office about Sheds and RVs

Please note that all structures require a permit, even small sheds. For Zoning Purposes, we would want to know that it meets the Zoning Requirements and for the Building Department, applying for a permit will insure safety of the structure. A Health Department Application will make sure your shed is not located near the septic system. In the event that septic system requires maintenance or repair, your shed that's located in the appropriate location will then not be disturbed. Permits are for a homeowner's health and safety. The staff in the Land Use Office are very helpful in assisting landowners with applications.

Please stop by the office, call or email the applicable departments if you have questions. The Town Website is also a helpful place to find Application forms, schedules, regulations, etc. <http://www.westbrookct.us/>

Recreational Vehicles. Did you know that there are Zoning Requirements for the parking and storing of Recreational Vehicles on your property? Those requirements are also for health and safety and to maintain the harmony of the neighborhood. Here are the regulations for zoning. Please call the Zoning Office if you have any questions.

SECTION 8.09.00 PARKING OF RECREATIONAL VEHICLES. Section 8.09.01 No recreational vehicles may be parked on any lot unless such lot contains a dwelling as a primary use of said lot and no recreational vehicle shall be parked on any lot except in compliance with the following provisions:

Section 8.09.02 Nothing in these Regulations shall prohibit the storage of not more than one (1) recreational vehicle at

any given time on the property of the owner or occupant of the residence which is located on said lot.

Section 8.09.03 Said recreational vehicles shall not be used for human habitation.

Section 8.09.04 Said recreational vehicles shall not exceed the following lengths by district:

- a) RR: unrestricted
- b) LDR: thirty-four (34) feet
- c) MDR: twenty-six (26) feet
- d) HDR: twenty (20) feet
- e) CTC: twenty (20) feet
- f) CD: twenty (20) feet
- g) CBD: twenty (20) feet

Section 8.09.05 Any recreational vehicle exceeding sixteen (16) feet in length shall be kept at least ten (10) feet from any side or rear yard, and in no case shall such vehicle be stored in the front yard.

Transfer Station Hours:

Mon., Wed., Sat.

from 8:00 a.m. to 3:00 p.m.

PHONE: 860-399-6356

Celebrate Connecticut Trails Day

Two Hikes on Menunketesuck Greenway Trails

Saturday, June 7, 10:00 am to 12:00 pm.

Where: Westbrook's 35 acre Horse Hill Woods Open Space and the 143 acre Russo Open Space acquisition. Directions: From I-95 Exit 64, go north 2 miles on Route 145, parking area is on the left.

What: We will follow a 1.5 to 2 mile route through Horse Hill Woods then connect with a trail on the Russo property. The loop trail will follow along old logging roads, crosses Plane Brook, meanders through mixed hardwood forest, past vernal pools, bedrock outcroppings and stone wall enclosures now dotted with large red cedar trees.

Some wet areas will be encountered; wear appropriate footwear.

Saturday, June 7, 12:30 pm to 2:30 pm

Where: Westbrook's 83 acre Chapman Mill Pond Open Space. Directions: From I-95 Exit 64, go north 0.8 miles on Route 145, parking area is on the left.

What: The 2-mile route slopes down from Route 145 to a woods road paralleling a series of vernal pools. Management of the site will be briefly discussed. The trail continues through mixed hardwoods, a scattering of hemlock and white pine, on the way to Chapman Mill Pond. From there a branch trail will take us north through stone walls, mixed hardwoods, ferns, past interesting knolls, then back to the woods road.

Who (Both Hikes): Meet leaders Tom ODell and Marty Marx at the parking area on Route 145. Watch for signs. Sponsored by Westbrook Conservation Commission.

Rain or shine. Pre-registration is recommended. Questions and to pre-register: contact Tom ODell, Cell (860) 575-0969, E-Mail, todell@snet.net.

Westbrook Senior Center

May 7th was our first cook-out and we will keep grilling the first and third Wednesday of every month May through September. The cost of lunch is \$3.00. We are open for breakfast every Tuesday morning 8:00 am-9:30 am, and our annual Luau will be in August (date T.B.A.).

The goal of the Westbrook Senior Center is to improve the quality of life for the Senior citizens of Westbrook and our neighboring shoreline towns. The senior center welcomes

citizens 60 years of age or older to participate in our many daily activities directed by staff and volunteers. The goal of these programs is to promote the physical and mental well-being of our senior community. To see our scheduled calendar of events and upcoming special events, please come down to the center Monday-Friday. Or check us out on the web@ www.westbrookct.us. We look forward to seeing you.

Courtney Burks, Director

Westbrook Visiting Nurses & Public Health

WE do everything the LARGER agencies do, but WE do it BETTER...because...

WE are a small, skilled staff that is COMMITTED to the town residents and our MISSION as a Town Organization.

WE are employees of the TOWN.

WE know the community and resources well.

WE have dedicated nurses and therapy staff that provide you with CONSISTENT quality care.

WE provide you with SECURITY and peace of mind. Westbrook residents feel "safe" and "comfortable" knowing the person they let into their home is a TOWN employee.

WE are a small, close-knit group of professionals serving a small local area and provide PROMPT response to referrals or requests for care.

WE also provide the TOWN with many other COMMUNITY services, such as referrals for State/Federal/Local programs, Senior Community Outreach Programs and Social Service Programs.

WE provide PUBLIC HEALTH support and services for the TOWN such as health promotion and prevention services, health education and maternal child health services.

Ask your DOCTOR or HOSPITAL to order services from your TAX-FUNDED healthcare organization.

WE belong to the TOWN...take ADVANTAGE of our services.

Westbrook Visiting Nurses & Public Health, 866 Boston Post Road, PO Box 281, Westbrook, CT 06498, (860) 399-3088.

The Shoreline Soup Kitchens & Pantries provide food and fellowship to those in need. Serving the towns of Essex, Chester, Clinton, Madison, Old Saybrook, East Lyme, Lyme, Old Lyme, Killingworth, Westbrook and Deep River.

Learn how you can help at:

www.shorelinesoupkitchens.org

Your Government – By the Numbers

There is a new online resource for Connecticut residents seeking the data and details on state government. Complete with charts and graphs and available for download in a variety of formats, the Connecticut Open Data Portal has made its electronic debut. The Connecticut Open Data Portal will serve as an online portal where information that is collected across all government agencies can be shared. The portal is now live and can be accessed at <http://data.ct.gov>.

This electronic data portal provides a useful database that can be used by entrepreneurs, analysts, academics and the general public. Data collection categories include transportation, public safety, health, business, environment, education and housing among others. To date, the portal contains more than 100 data sets highlighting traffic counts, crime statistics, and leased and state owned buildings.



While the portal makes data available to the public, it does so while continuing to safeguard data that must be kept secure under state and federal law. Information that would compromise public health, safety or the public welfare would continue to be excluded from public view.

I urge you to make use of this tool for accessing and understanding information relevant to important functions of government that affect your quality of life.

State Representative Marilyn Giuliano

State Representative Marilyn Giuliano represents Lyme, Old Lyme, Old Saybrook and coastal Westbrook in the Connecticut General Assembly.

Department of Public Works Facility

Westbrook's new Department of Public Works Facility is a state of the art facility designed and constructed to serve the community's needs well into the 21st century. The land swap with the State of CT Department of Transportation, allowed Westbrook the opportunity to utilize the existing DOT property on Horse Hill Road that already contained a modern salt and sand storage structure and an existing 10 bay garage.

Working closely with the members of the Town Garage Building Committee and with John Riggio, the Town's Department of Public Works Director, Weston & Sampson designed the new facility to address the long term maintenance demands of the department's vehicle fleet and associated equipment. The new facility houses a dedicated vehicle wash bay, a modern double height two bay maintenance garage with a 27,000lb. vehicle lift, additional equipment and vehicle storage areas, along with employee support facilities.

The construction contract of \$1.45 million was awarded to Diggs Construction of Hartford, CT who was the low-bidder. The project was completed on budget and on time despite a challenging schedule and some serious weather related challenges.

Town Garage Highlights:

- 7,200 square feet, with 27,000-pound vehicle lift
- Dedicated wash bay
- Super insulated building enclosure
- High efficiency lighting fixtures and controls
- Day-lit garage bays using translucent wall panels and overside overhead door windows reduces electrical lighting costs
- Indoor storage of town vehicles and equipment extends vehicle and equipment life and improves emergency response times
- Total construction & suite cost = \$1.45 million



Friends of Westbrook Barrier Islands

The Friends of Westbrook Barrier Islands, a group which meets on the third Wednesday of each month at the Stewart McKinney Wildlife Refuge Offices, is busy.

Wayside Exhibits and signs have been developed for Middle and West Beaches. These signs will help the public understand the importance and history of Westbrook's three barrier islands – Salt Island, Duck Island, and Menunketesuk Island. We are working with Stewart McKinney staff and the Westbrook Conservation Commission to develop a Salt Island Management/Visitor Plan.

We, together with the Westbrook Conservation Commission, are sponsoring a "Be a Good Egg" program developed by CT Audubon to provide education about shore birds and their local habitats. There will be a table at the town beach every other weekend, Saturday and Sunday, from Memorial Day to Labor Day, with information to help beachgoers understand and appreciate our many species of birds which inhabit our shores.



Hooded Mergansers' on the Patchogue River.

Friends of Westbrook Barrier Islands will also take part in Family Day on the Town Green in early June, with the goal of helping the public understand how we humans and wildlife can coexist harmoniously in our shoreline environment.

Members of our group and the staff at Stewart McKinney will be presenting "The Nature of Learning", a program meeting the Connecticut State Science Standards to the fourth grade students of Westbrook. The program, developed by the US Fish and Wildlife Service teaches students about the National Wildlife Refuge System, studies

several species of birds in the refuge as well as their habitat. The students will then take a boat trip to Duck Island to experience the lessons learned in real life as well as explore the various habitats and do a stewardship project.

For those interested in joining our group, it is open to public participation – check us out on Facebook.

Westbrook Recreation

Spring & Summer. Days are getting warmer and longer, so spring has come back! That means it must be time to register for all our spring programs and summer youth and teen day camps. Open registrations have started and many programs are filling up. Sign up soon so your children won't miss out on all the spring and summer fun. Please call our office with any and all questions.

We have fantastic sports camps which include Slammas Jamma Basketball, Challenger British Soccer and Between the Lines Baseball camps. We also have Tennis, Gymnastic, Youth and Teen Field Hockey camps rounding out the rest. The best way for a student to improve in any sport, is to register for a summer camp teaching that sport. Other camps are posted in our summer brochure.

Our Tot T-Ball program has children from all over the shoreline participating in this springtime favorite. We introduce baseball to children as young as 3 years old, for their first big league experience. We teach your child how to properly throw, catch and hit a ball while having a fun time doing it. It's an interactive program that's fun for parents and children alike. Parents should oil their old baseball gloves and get ready for this baseball season!

We are still running bus trips to popular destinations all around New England. Instead of stressing out with all the traffic, you can enjoy one of our trips and relax during the drive. Please contact our office and we can give you a list of all the upcoming trips. There are only 50 seats per bus so please sign up soon.

Our twelfth annual Westbrook Family Day will be held on June 7th (rain date June 8th), at the Town Green. Westbrook Family Day has also become known to many friends and families as the annual Westbrook Town Picnic. Be sure to mark this date on your calendars for a fun-filled day of rides, entertainment, food and most of all, for all the funny clowns. This event is brought to you through the generous donations of many businesses from our shoreline and is totally free to the public. Not one cent of taxpayer dollars will pay for this event. Please call Rich at 860-399-3095, if you wish to make a donation or volunteer the day of the event.

22nd Annual Sale

The 22nd Annual Spring Clothes Sale and Boutique will be held at the First Congregational Church in Westbrook located at the corner of Rt. # 1 and Rt. 153 facing the town green. The sale is scheduled for May 30 and May 31.

The event will feature a Ladies Higher-end fashion boutique for special items. Also featuring ladies, men's and children's fashion wear. Accessories of scarves, belts, pocketbooks and hats. Jewelry will be available also. A linen shop for bed and bath, including bedspreads, sheet sets, towels, throws and more.

Friday, May 30 from 11 am - 6 pm

Saturday, May 31 from 9 am - 1 pm

Come early for the best choices. Great prices and friendly service. Any questions please contact the church office at 860-399-9367.

Westbrook Social Services

Now has expanded hours: Monday through Wednesday from 9 am - 4 pm, Thursday from 9 am - 7 pm, and Friday from 9 am - 12 pm.

Renter's Rebate Program. A person renting an apartment or a room in a dwelling may be eligible for a partial rebate of rent and utility (excluding telephone and cable) bills if:

1. The renter and/or spouse is at least 65 years old as of December 31, 2013 OR is at least 50 and the widow/widower of a previously approved applicant OR is totally disabled and receiving benefits under a federal, state or local retirement program which contains requirements comparable to those of the Social Security Administration.
2. Applicant may have rented elsewhere in Connecticut for all or some portion of the year preceding the year of filing, but must file in the town in which they reside during the filing period.
3. Income limits are determined annually by the State of Connecticut. "Income" is defined as income from all sources, including tax-exempt interest and Social Security. For the 2014 application period, 2013 income

from all sources is considered. The income limits for 2013 are \$41,600 for married and \$34,100 for single applicants, the same as for the Homeowners' Program.

These income limits are adjusted each year.

The Program runs between April 1 and October 1. Applicants must bring: proof of rent and utilities paid during the preceding calendar year, original or copies of their federal income tax (if filed) and their SSA-1099. If taxes are not filed, statements of all income sources (pensions, interest income, etc.) must be provided.

Please call Westbrook Social Services today for an appointment: 860-399-3040 X 154.

For those in need:

Westbrook Location: Shoreline Soup Kitchen and Pantry, Tuesday 1:30 pm – 2:30 pm, St. Mark's Church, 222 McVeagh Road, www.shorlinesoupkitchens.org.

Additional Food Access: CT Food Bank Truck, First Monday of the month, 1 pm – 2 pm, First Church of Christ Congregational, 55 Church Rd (Route 1), Clinton. Fourth Thursday of the month, 1:30 pm – 2:30 pm, Grace Church, 336 Main Street, Old Saybrook.

Elizabeth Cerri Carpenter, Coordinator

9th Annual Andrew's Golf Benefit For Epilepsy

**July 10 – Quarry Ridge Golf Course
9 Rose Hill Road, Portland, CT
www.quarryridge.com**

**Celebrity Host & Golfer / Joe Aguiar, Host of the
"River 105-9 Morning Show."**

**Includes: Greens fees, Cart, Lunch,
Gift & Post Tournament Celebration.**

Raffle including \$1000 cash and flat-screen.

Hole-in-one prize: Hawaiian Vacation!

Sponsorship info also available.

The Epilepsy Foundation of CT leads the fight to stop seizures, find a cure and overcome the challenges created by epilepsy. We are Connecticut's only affiliate of the National Epilepsy Foundation. **For more information call 1-800-899-3745 or visit www.epilepsyct.com**

ADVENTURE SUMMER CAMP

**Be a Marine Biologist for a Week
Ages 9-15 / July 7 • August 21**



Get hands-on experience & explore diverse ecosystems with real marine biologists!

To reserve your space, contact Beth or Emily at number below, or email at CIMresearchlab@gmail.com

Cedar Island Marina®

"The Family Boating Resort"

**34 Riverside Drive, Clinton
www.CedarIslandMarina.com/camp
860-669-8681 ext.19**

MISS MULVEY



Still waiting for the Easter Bunny

Photo taken by Meg Parulis.

Household Hazardous Waste

Saturdays from 9 am – 1 pm

**May 17 & 31, June 14, July 12 & 26,
August 9 & 23, September 6, & 20,
October 25, November 8.**

Paper Shredding Event

9:00 a.m. to noon

June 7th & September 27th

Essex Hhw facility

Please call for more information.

**Rte 9 Exit 4, Dump Road, Essex, CT
www.rivercog.org, info@rivercog.org
860-581-8554**

Recycling Information

ACCEPTABLE RECYCLING ITEMS AT TRANSFER STATION

CARDBOARD (MUST BE IN 3FT LENGTHS, FLAT & BUNDLED)
NEWSPAPER & INSERTS
MAGAZINES, BROCHURES, JUNK MAIL, CATALOGS
PAPER BAGS
PAPER BOXES (CEREAL, EGG CARTONS)
PHONE BOOKS
HARD & SOFT COVER BOOKS
WHITE & COLOR PAPER ENVELOPES (WINDOW OK)

FILE FOLDERS
SCHOOL PAPER
SHREDDED PAPER (IN PAPER BAG)
MULTI 3 PLY PAPER
WHITE, GREEN & BROWN GLASS BOTTLES
TIN CANS & ALUMINUM CANS
ALL PLASTICS #1 TO #7
EMPTY AEROSOL CANS

UNACCEPTABLE ITEMS FOR RECYCLING AT TRANSFER STATION

NO GARBAGE OR FOOD WASTE
NO PLASTIC BAGS OR PIZZA BOXES
NO MIRRORS OR WINDOW GLASS
NO CERAMICS OR LIGHTBULBS
NO USED PAPER PLATES, NAPKINS OR TOWELS
NO MOTOR OIL OR CHEMICAL CONTAINERS
NO ELECTRONICS, BATTERIES, CD'S OR DVD'S

NO ICE CREAM CONTAINERS
NO PLASTIC TOYS OR SPORTING GOODS
NO WIRE OR PLASTIC HANGERS
NO POTS OR PANS
NO YARD WASTE OR GARDEN TOOLS
NO CAT LITTER OR HAIR

What are Shingles?

Shingles, also called herpes zoster or zoster, is a painful skin rash caused by the varicella zoster virus (VZV). VZV is the same virus that causes chickenpox. After a person recovers from chickenpox, the virus stays in the body. Usually the virus does not cause any problems; however, the virus can reappear years later, causing shingles.

What does shingles look like? Shingles usually starts as a rash on one side of the face or body. The rash starts as blisters that scab after 3 to 5 days. The rash usually clears within 2 to 4 weeks. Before the rash develops, there is often pain, itching, or tingling in the area where the rash will develop. Other symptoms of shingles can include fever, headache, chills, and upset stomach.

Are there any long-term effects from shingles? Very rarely, shingles can lead to pneumonia, hearing problems, blindness, brain inflammation (encephalitis) or death. For about 1 person in 5, severe pain can continue even after the rash clears up. This pain is called post-herpetic neuralgia. As people get older, they are more likely to develop post-herpetic neuralgia, and it is more likely to be severe.

How common is shingles in the United States? In the United States, there are an estimated 1 million cases of shingles each year.

Who gets shingles? Anyone who has recovered from chickenpox may develop shingles, including children. However, shingles most commonly occurs in people 50 years old and older. The risk of getting shingles increases as a person gets older. People who have medical conditions that keep the immune system from working properly, like cancer, leukemia, lymphoma, and human immunodeficiency virus (HIV), or people who receive immunosuppressive drugs, such as steroids and drugs given after organ transplantation are also at greater risk to get shingles.

How often can a person get shingles? Most commonly, a person has only one episode of shingles in his/her lifetime. Although rare, a second or even third case of shingles can occur.

Can shingles be spread to others? Shingles cannot be passed from one person to another. However, the virus that causes shingles, VZV, can be spread from a person with active shingles to a person who has never had chickenpox through direct contact with the rash. The person exposed would develop chickenpox, not shingles. The virus is not spread through sneezing, coughing or casual contact. A person with shingles can spread the disease when the rash is in the blister-phase. Once the rash has developed crusts, the person is no longer contagious. A person is not infectious before blisters appear or with post-herpetic neuralgia (pain after the rash is gone).

What can be done to prevent the spread of shingles? The risk of spreading shingles is low if the rash is covered. People with shingles should keep the rash covered, not touch or scratch the rash, and wash their hands often to prevent the spread of VZV. Once the rash has developed crusts, the person is no longer contagious.

Is there a treatment for shingles? Several medicines, acyclovir (Zovirax), valacyclovir (Valtrex), and famciclovir (Famvir), are available to treat shingles. These medications should be

started as soon as possible after the rash appears and will help shorten how long the illness lasts and how severe the illness is. Pain medicine may also help with pain caused by shingles. Call your doctor as soon as possible to discuss treatment options.

Is there a vaccine to prevent shingles? Yes. Zostavax, made by Merck, was licensed May 25, 2006 by the Food and Drug Administration (FDA) for use in people 60 years old and older to prevent shingles. This is a one-time vaccination. Zostavax does not treat shingles or post-herpetic neuralgia (pain after the rash is gone) once it develops.

Can the shingles vaccine be given to people who have already had shingles? Yes. People who have had shingles can receive the shingles vaccine to help prevent future occurrences of the disease.

Why is the shingles vaccine only recommended for people 60 years and older? A person's risk for getting shingles begins to rise around age 50. However, shingles vaccine (Zostavax) is only recommended for persons age 60 and older because the safety and effects of the vaccine were only studied in this group, which accounts for about half of all cases of shingles occurring each year in the United States. Future research will determine if the recommended age for vaccination should be lowered.

Is the FDA-approved vaccine safe? The FDA has licensed the vaccine as safe. The vaccine has been tested in about 20,000 people aged 60 years old and older. The most common side effects in people who got the vaccine were redness, soreness, swelling or itching at the shot site, and headache. CDC, working with the FDA, will continue to monitor the safety of the vaccine after it is in general use.

How effective is the FDA-approved vaccine? In a clinical trial involving thousands of adults 60 years old or older, Zostavax prevented shingles in about half (51%) of the people and post-herpetic neuralgia in 67% of the study participants. While the vaccine was most effective in people 60-69 years old it also provided some protection for older groups.

For additional information on this disease or information related to Shingles vaccination, visit the Centers for Disease Control and Prevention website.

www.ct.gov

What is 2-1-1?

It is Connecticut's free information and referral service. By dialing 2-1-1, a toll-free number throughout CT, callers can reach knowledgeable, multilingual staff and get information, referrals or seek help in a crisis. 2-1-1 operates 24 hours a day, every day of the year. TDD access is available.

How to Reach Your Elected Officials

STATE

Governor Dannel P. Malloy
 State Capitol Building, Room 200
 Hartford, CT 06106
 (860) 566-4840 – (800)406-1527
 Fax (860)524-7396
Governor.Malloy@po.state.ct.us

LT Governor Nancy Wyman
 State Capitol Building, Room 304
 Hartford, CT 06106
 860-524-7384, Fax (860) 524-7304
ltgovernor.wyman@ct.gov

Secretary of the State
 Denise Merrill
 30 Trinity Street, Hartford, CT 06106
 (860) 509-6000 Fax (860) 509-6209
<http://www.sots.state.ct.us/>

State Treasurer
 Denise Nappier
 55 Elm Street, Hartford, CT 06106
 (800) 618-3404 Fax (860)-702-3043
<http://www.state.ct.us/ott/>

Attorney General George Jepsen

55 Elm Street, Hartford, CT 06106
 (860)808-5318 Fax (860) 808-5387
<http://www.cslib.org/attygen/>

Rep. 23rd District
 Marilyn Giuliano
 Legislative Office Building, Room 4064
 Hartford, CT 06106
 (800) 842-1423
Marilyn.Giuliano@housegop.ct.gov

Senator 33rd District
 Art Linares
 Legislative Office Building, Room 3400
 Hartford, CT 06106
 (860) 240-8800
Art.Linares@cga.ct.gov

Rep. 35th District
 Thomas Vicino
 Legislative Office Building, Room 5007
 Hartford, CT 06106
 (860) 240-8585
Thomas.Vicino@cga.ct.gov

FEDERAL

Senator Richard Blumenthal
 90 State House Square 10th Floor
 Hartford, CT 06103
 (860) 258-6940 Fax (860) 258-6958
 702 Hart Senate Office
 Washington, DC 20510
 (202) 224-2823, Fax (202)224-9673

Senator Chris Murphy
 One Constitution Plaza, 7th Floor
 Hartford, CT 06103
 (860) 549-8463 Fax (860) 524-5091
 SD-B40A Dirksen Senate Office Building
 Washington, DC 20510
 (202) 224-4041 Fax (202) 224-9750

Congressman Joe Courtney
 101 Water Street Suite 301
 Norwich, CT 06360
 (860) 886-0139
 215 Cannon House Office
 Washington, DC 20515
 (202) 225-2076
www.courtney.house.gov

Westbrook - Community Listings

USEFUL NUMBERS

Middlesex Community Foundation (860) 347-0025
 George Flynn Concert (860) 669-1208
 Consumer Protection (860) 566-2294
 9 Town Transit (860) 510-0429
 Visiting Nurses of Westbrook (860) 399-3088
 First Congregational Church
 of Westbrook (860) 399-9367
 St. Paul's Episcopal Church (860) 399-5402
 St. Mark's (860) 399-9207

IMPORTANT TOWN HALL NUMBERS

Assessor (860) 399-3045
 Building/Sanitarian (860) 399-3047
 Animal Control Officer (860) 790-1075
 Emergency Management (860) 577-0622
 Web site www.westbrookem.com
 Harbor Master (860) 399-2477
 Landfill (860) 399-6356
 Probate Court (860) 510-5028
 Recreation (860) 399-3095
 Registrar of Voters (860) 399-3042
 Selectman's Office (860) 399-3040
 Social Service (860) 399-3040
 Tax Collector (860) 399-3043
 Town Clerk (860) 399-3044
 Town Garage (860) 552-4496
 Town Web site www.westbrookct.us

Treasurer (860) 399-3040
 Westbrook Senior Center (860) 399-2029
 Westbrook Youth & Family Services (860) 399-9239
 Zoning/Planning/Wetlands (860) 399-3046

SCHOOLS

Daisy Ingraham Elementary School (860) 399-7025
 Junior-Senior High School (860) 399-6214
 Middle School (860) 399-2010
 SUPERINTENDENT OF SCHOOLS (860) 399-6432

HOME HEALTH CARE

Visiting Nurses of Westbrook (860) 399-3088
 Ambulance & Oxygen
 Business Calls (860) 399-7000

FIRE DEPARTMENT (860) 399-9492

FIRE MARSHAL

Business Calls (860) 399-3047

POLICE DEPARTMENT

Resident Trooper (860) 399-7304
 State Trooper (860) 399-2100

LIBRARY

Westbrook Public Library (860) 399-6422

Valley Shore Animal Welfare League

Valley Shore Animal Welfare League is a non-profit, no-kill shelter located in Westbrook. The Shelter was founded in 1972, and continues to function as an adoption facility for placeable dogs and cats. A caring staff handles the daily operation of the Shelter and volunteers assist in cleaning the shelter, and in walking, grooming, bathing, and socializing the cats and dogs in order to prepare them for their new homes.

Valley Shore accepts adoptable cats and dogs based on age, health, and other considerations; we verify the pet's health records, and in discussions with the owner, gain an understanding of the pet's temperament and likes and dislikes. The Shelter Manager evaluates each dog and cat on an individual basis, and using her discretion determines which pets we can accept and make available for adoption.

The Shelter Manager interviews potential adopters and discusses the responsibilities of pet ownership and our requirements for adoption. She learns as much as she can about an adopter's expectations; every effort is made to insure a perfect match so the cat or dog can become part of a loving, forever home.

If you need to relinquish a cat or dog due to changed circumstances, or would like to adopt a friendly cat or dog, please call Shelter Manager Christy Raetz at (860-399-7561). She will be happy to discuss our requirements and options with you.



Shelter Manager, Christy Raetz, holds Ace who is on the way to his forever home.



**COMMUNITY
FOUNDATION**
of Middlesex County

Philanthropy • Leadership • Legacy

No Bully Zone program, an initiative of CFMC's Council of Business Partners, can make a significant difference in our schools and communities by

- ✦ Empowering students
- ✦ Reducing incidents of bullying
- ✦ Improving school climate
- ✦ Increasing school staff awareness
- ✦ Increasing communication between students, teachers and parents

implemented in partnership with
Rushford, a Hartford Healthcare Partner

Did you know on any given day
160,000 students in the U.S. stay
home for fear of being bullied?



For more information, contact Cynthia Clegg at the Community Foundation of Middlesex County, 860.347.0025 or Cynthia@MiddlesexCountyCF.org.

We Can ALL Take a Stand!

Join **CFMC's Council of Business Partners** and stand up to bullying.

John J. Sullivan: A&A Office Systems, **Arlene Mazzotta and Laura Pedersen:** A.R. Mazzotta Employment Specialists, **Bill, Susan and Shawn McCann:** Best Cleaners, **Colin Burr:** Brown & Brown Insurance, **David Director:** Connecticut Lighting Centers, Inc., **David Gilbert:** Direct Energy, **Bill McMinn:** Essex Printing and Events Magazine, **Dan Zimmerman:** LiveKind, Inc., **Mauricio C. Salgar:** Gabrielle's, **James Mahoney,** Mahoney Sabol & Co., **Marc Levin:** Malloves Jewelers, Middletown, **Nancy Raczka:** Attorney, **Theodore Rossi:** The Rossi Companies, **David Shulman:** Suburban Stationers, Inc., **St. Mary's Church,** Portland and **Congregation Adath Israel,** Middletown, **Interfaith Golf Open Tournament.**

Happy Spring!

From all of us at
Essex Printing
& Events Magazines



Park & Rec Summer Day Camp



Red White & Blue Camp.



Spongebob Week.



Having fun at Westbrook's Summer Day Camp.

Budget
Blinds
a style for every point of view

- Plantation Shutters
- Wood Blinds
- Honeycomb Shades
- Roller Shades • Vertical Blinds
- Silhouettes® • Woven Wood
- Roman Shades

PROFESSIONAL MEASURING
AND INSTALLATION

WE BRING OUR SHOWROOM
TO YOUR HOME

WE SERVICE WHAT WE SELL

website: www.budgetblinds.com
email: pmflaherty@budgetblinds.com

860.399.6442 
ask for Pat or Marc

Music to our ears!



2014 PINNACLE AWARDS

Essex Printing is the proud recipient of *TWO* Pinnacle Awards from the Print Industry of New England for 2014. Print Industries of New England's panel of national printing experts recognized Essex Printing for its outstanding work. The award winning entries will now be entered in the 2014 Premier Print Awards competition, the largest international competitive print awards program.



2014 2 "Pinnacle" Awards
2013 "Award of Excellence"



18 Industrial Park Road • Centerbrook CT 06409 • 860-767-9087 • essexprinting.com



WESTBROOK EVENTS
Westbrook Town Hall
Westbrook, CT 06498

PRSRT STD
U.S. Postage
PAID
Permit No. 155
Deep River, CT

POSTAL PATRON LOCAL



On Course for Great Loan Rates

At Essex Savings Bank, low lending rates for mortgage and home equity loans are in sight and ready for your arrival. Our no-point loans feature an application process guided by dedicated loan officers available at our six convenient office locations – making Essex Savings Bank the perfect shoreline destination for your next loan. So, set your course to our *safe financial harbor* and start your voyage to great rates today!



Essex, 35 Plains Road, 860-767-2573
Essex, 9 Main Street, 860-767-8238
Chester, 203 Middlesex Avenue, 860-526-0000
Madison, 99 Durham Road, 203-318-8611
Old Lyme, 101 Halls Road, 860-434-1646
Old Saybrook, 155 Main Street, 860-388-3543
Call Toll-Free: 877-377-3922 • www.essexsavings.com

Member FDIC  Equal Housing Lender